



**Araceli Vázquez, MS, RD, LD**

**Pediatric Referral for Dietetic Counseling /Medical Nutrition Therapy (MNT).**

*Please attach current list of medications, dosages & current lab results.*

Date:	Patient name:	Date of Birth: (mm/dd/yyyy)		
Day time phone numbers: (H)  (Cell)	Health Plan: Amerigroup____ Trad. Medicaid: _____ Molina Healthcare: _____ Other: _____ Private Insurance Name:	Subscriber ID#	Group # or	
		<b>Attach copy of Insurance Card</b>		
Patient Address:	Subscriber Name:	Height:	Weight:	Gender: Female____ Male_____

<b>Referral From:</b> Clinic Name: _____ Referring Physician/Provider's Name: _____ Office Contact for this Referral: _____ _____ Address: _____ _____ City/State/Zip _____ _____ Phone: _____ Fax: _____	<b>Referral To:</b> Araceli Vázquez, MS, RD, LD. 990 South Sherman St Richardson TX 75081 Phone: 972-664-0846 Cell: 972-822-0791 <b>Fax: 972-744-0726</b>
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**\*\*REASON FOR ORDERING Dietetic Counseling/ MNT\*\*      MEDICAL DIAGNOSES (check all that apply below)**  
**[Required in order to initiate MNT service]**

- |  |   |   |
|--|---|---|
| <input type="checkbox"/> Diabetes type 1 or 2 (circle type)                          | <input type="checkbox"/> Acanthosis Nigricans | <input type="checkbox"/> Eating Disorder, unspecified         |
| <input type="checkbox"/> Hyperglycemia (High glucose and/or High HgA <sub>1</sub> C) | <input type="checkbox"/> Pediatric Obesity    | <input type="checkbox"/> Underweight/Uncontrolled weight loss |
| <input type="checkbox"/> Hyperinsulinemia  | <input type="checkbox"/> Hyperlipidemia       | <input type="checkbox"/> Uncontrolled Weight Gain             |
| <input type="checkbox"/> Hypertriglyceridemia  | <input type="checkbox"/> Hypercholesterolemia | <input type="checkbox"/> Overweight                           |
| <input type="checkbox"/> Failure to Thrive (FTT)                                     |   | <input type="checkbox"/> Dysmetabolic Syndrome X              |
| <input type="checkbox"/> <b>Other</b> – please specify: _____                        |   |   |

AND provide the date of diagnoses: \_\_\_\_\_.

**Relevant Medications and Dosages** (type/frequency): \_\_\_\_\_

**Relevant Lab Data:**  
*(attach current lab data)*

**Physical Activity Restrictions:** none: \_\_\_\_\_ limit to: \_\_\_\_\_

**Comments (medical conditions, special instructions):** \_\_\_\_\_

*MNT is a necessary part of the patient's medical treatment for the medical diagnosis (es) listed above.*

**Physician's Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**NPI number:** \_\_\_\_\_

The information requested above is Protected Health Information (PHI), and is the minimum necessary to execute delivery of patient services. Please understand as a link in the "Chain of Trust", all PHI will remain confidential as mandated by the Treatment, Payments, and Healthcare Operation Laws mandated by HIPAA.